



Putting on and taking off PPE

Follow the order. Touch only the clean parts.

Putting on

1 Clean your hands

2 Gown or apron

3 Mask

4 Eye protection

5 Gloves (over the cuffs)

Taking off

1 Gloves, then clean hands

2 Gown or apron

3 Eye protection

4 Mask (by the ties or loops)

5 Clean your hands

Remove PPE at the doorway. Always follow your workplace's procedure and signage.